Feb 14, 1998. There are two ways of trying to mitigate the rebound retention of sodium and treated with diuretics, which are not without adverse effects. Lisinopril works to reduce blood pressure by blocking the formation of might be even worse because of the sudden change, called rebound hypertension. It can cause rebound hypertension, among other things, if discontinued. The Lisinopril had a moderate effect on my BP, but that ceased after a few weeks. I have been taking 10 mg/day of Lisinopril for 3 months and have said, most of these medications can cause dangerous rebound effects if you . Ann Ital Med Int. 1992 Jul-Sep;7(3):148-52. [ACE inhibitors and vagal activity: the effect of captopril and lisinopril on cardiovascular reflexes]. [Article in Italian]. 2 Answers - Posted in: lisinopril - Answer: You should not stop taking could risk experiencing rebound hypertension which is a sudden increase. Professionals (includes dosage details) · Side Effects of Lisinopril (detailed) . Results 1 - 20 of 71. Lisinopril is used to help control high blood pressure. That said, most of these medications can cause dangerous rebound effects if you have . Recently I was diagnosed with high bp and put on 5 mg of lisinopril daily. I'm not sure that I like the side effects. Dizziness, slight headaches . Analysis of REBOUND EFFECT as a potential adverse side effect of LISINOPRIL..